



STUDY ABROAD

TIPS FOR MAKING STUDY ABROAD MORE COST-EFFECTIVE

This handout outlines some of the tips, tricks, and cost considerations to help guide students on a budget through the study abroad process.

COST CONSIDERATIONS

- [ISEP Exchange](#) is the most popular type of program at ISEP. With exchange you pay tuition, living expenses, and fees to your home university, including the price of housing as if you were living on campus and the cost of a full meal plan. Almost all federal, state, institutional and outside financial aid will transfer to your program.
- Alternatively, an [ISEP Direct](#) program might be more affordable for you depending on your specific needs. For example, ISEP's Study in Ghana program includes tuition, housing, and meals for just \$12,950 (Fall 2022). Federal and state financial aid should apply to Direct programs for U.S. students, but check with your home university for more details.
- Apply for [ISEP scholarships](#) and other [study abroad scholarships](#). Students with demonstrated financial need are eligible for ISEP's [Community Scholarship](#). Don't miss out on a great way to fund your study abroad experience by applying to scholarships!



TIPS AND TRICKS

- Find and utilize your resources: talk to your study abroad office about what resources are available to you. Visit ISEP's [Budgeting for Study Abroad](#) and [Diversity, Inclusion and Accessibility](#) website pages for a comprehensive list of resources for students traveling on a budget.
- Consider the length of time you would like to be away from home. ISEP offers programs as short as two weeks (either over the summer or winter break) to as long as a year and everything in between. Staying abroad longer means you take advantage of your initial travel expenses (like the cost of a flight) by maximizing your time abroad.
- Remember to budget for any loss in income for the time you are away. It is unlikely that you will be able to secure a job while abroad.
- Consider the programs you would like to attend. See page 2 for featured affordable ISEP programs.
- Visit ISEP's [Country Handbooks](#) to learn more about the cost of living for the countries you're interested in before you choose a program.
- To draft a budget for your stay, research the costs of everyday items in your host country (toiletries, snacks, etc.) and the cost of living. Use trusted online sources and guidebooks.
- [Get in touch with ISEP](#) and the study abroad office at your university to help you narrow down your options and to determine which programs might work best for your specific needs. We recommend getting started early in order to ensure that you are able to find your perfect program.

GET STARTED AND SEARCH PROGRAMS:

www.isepstudyabroad.org



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FEATURED COST-EFFECTIVE STUDY ABROAD PROGRAMS

ISEP EXCHANGE



[Study in Bangkok](#) | **Thammasat University** | *Chance of Placement: Fair*

Thammasat is a top-ranked institution in the heart of Bangkok. Extensive course offerings are available in English alongside activities such as cultural tours of Bangkok, Thai cuisine cooking classes, Grand Palace excursions, the Loy Krathong festival, tea ceremonies and a mangrove excursion.



[Study in the French Alps](#) | **Université Savoie Mont Blanc** | *Chance of Placement: Fair*

Study French language and culture at the beginner, intermediate, or advanced level in the heart of the French Alps! Students can also enroll in classes in English in Earth Sciences, Sports Management, Electrical Engineering, Business Administration and Hospitality Management.



[Study in Eastern Europe](#) | **American University in Bulgaria** | *Chance of Placement: Excellent*

Take classes in a variety of subjects while using your free time to explore Blagoevgrad, Bulgaria and the surrounding region which abounds with natural beauty and tourist attractions such as the Rila Monastery, the Bankso ski resort, the spa town of Sandanski and the Seven Lakes of the Rila Mountain.



[Study in Mexico](#) | **Universidad de Monterrey** | *Chance of Placement: Excellent*

UDEM is located in San Pedro Garza Garcia, a friendly, safe and prosperous suburb which is part of the larger metropolitan area of Monterrey. Monterrey is home to a thriving artistic community, various museums, theaters, concert halls, a symphony orchestra, a ballet company and prominent sports teams.

ISEP DIRECT



[Study & Volunteer in Ghana](#) | **University of Ghana**

Delicious street food, great beaches, and memorable historic sites await you in Accra, Ghana. [ISEP's Resident Director](#) can arrange volunteer projects to help you live like a local. ISEP students in Ghana thrive in fields such as African Studies, Business, Geography, Agriculture, Social Sciences & Public Health.



[Study in Seoul - Liberal Arts](#) | **Ewha Womens University**

Seoul, South Korea's capital, embraces its history and modernity. Ewha is one of the top universities in Korea and boasts famous alumni who've gone on to become presidents, actors, and business leaders. Ewha welcomes international students of all genders, all of which are paired with a Korean student buddy upon arrival.



[Study in Chile](#) | **Pontificia Universidad Católica de Valparaíso**

The city of Valparaíso is the cultural and legislative capital of Chile. 70 miles from Santiago, Valparaíso fascinates visitors with its history, geography and architecture. Students can take coursework alongside Spanish as a foreign language or enroll directly into classes with locals taught in Spanish.

CREATE AN ACCOUNT & START YOUR APPLICATION:

www.isepstudyabroad.org/apply